

National Family Research of Japan

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Japan Society of Family Sociology

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Office ID		Point ID			Respondent ID		Investigator ID		Name of checker
1	2	3	4	5	6	7	8		

Instructions for filling out the questionnaire:

- *Please fill out with a pencil or either blue- or black-colored pen.
- *Please answer the questions in their order. There are some items that are applicable only for specified persons, and in that case please follow the instructions.
- *Depending on the question, you either circle the number which describes your answer or fill in the box with a number on your own. In case your answer corresponds to 'other', please circle that number and fill in the specific content in the ().
- *Some questions require you to fill in the Japanese year. In that case, please circle the Japanese year GENGO (Meiji era, Taisho era, Showa era, and Heisei era), and fill in the real figure in the next box.
- *After you have finished filling out the survey, please confirm your response again to make sure that you didn't make mistakes or miss any items.
- *The investigator will visit you on (Day____, Month____) to collect the questionnaire with your answers. Please fill out this questionnaire by that day.

** First, we would like to ask you about yourself.

Q1. What is your sex?

- 1 male 2 female

Q2. Please fill out both the year/month when you were born, and your current age.

- 1 Taisyō year month Currently years old
- 2 Showa

Q3. Prior to graduating from elementary school, where was the place you had been living longest from the following?

1. Rural area
2. Town or small city

3. Capital of prefecture, or large city of equal population size or more.

Q4 (1). What school did you attend last (whether or not you graduated)?

1. Junior high school under the new system, or elementary school and its equivalents under the old system (Jinjo ka, Koutou ka, Kokumin shougakkou, and Seinen gakkou)
2. High school under the new system, or junior high school and its equivalents under the old system (Chuugakkou, Koutou jogakkou, Jitsugyou koukou, and Shihan gakkou)
3. Vocational school (Kakusyu senmon gakkou) for high school graduates under the new system
4. Junior college and technical college, or high school and its equivalents under the old system (Koukou, Senmon gakkou, and Koutou shihan gakkou)
5. Four-year university or post-graduate education
6. Other (Specify _____)

(2) When did you graduate from (or leave) school indicated above?

1. Showa (year), (month)
2. Heisei

Or when you were
 years old

Q5. What school did your father attend last (whether or not he graduated)?

1. Junior high school under the new system, or elementary school and its equivalents under the old system (Jinjo ka, Koutou ka, Kokumin shougakkou, and Seinen gakkou)
2. High school under the new system, or junior high school and its equivalents under the old system (Chuugakkou, Koutou jogakkou, Jitsugyou koukou, and Shihan gakkou)
3. Vocational school (Kakusyu senmon gakkou) for high school graduates under the new system
4. Junior college and technical college, or high school and its equivalents under the old system (Koukou, Senmon gakkou, and Koutou shihan gakkou)
5. Four-year university or post-graduate education
6. Other (Specify _____)
7. I don't know

Q6. What was your father's occupation when you were 15 years old? In case that your father was absent at that time, please answer about the occupation of the primary person on whom you were dependent (e.g., mother, grandfather, or uncle).

1. Corporate owner, executive, board member, or a managerial position no lower than the chief of a section, i.e. Kacho (including government employee)
2. Non-managerial full-time year-round employee (including government employee)
3. Self-employed worker in agriculture, forestry, or fishing industry
4. Self-employed worker in other industries
5. Temporary worker, part-time worker, or home handicraft worker
6. Other (Specify _____)

the total number of workers.

1. 1— 9 persons
2. 10—99 persons
3. 100—299 persons
4. 300—499 persons
5. 500—999 persons
6. 1000 or more persons
7. Government

SQ4. How many days do you currently work per month? Please answer as if a month consists of four weeks (28 days). If you have no job or you are absent from your work, skip to Q9.

About days a month.

SQ5. How many hours do you currently work each day? Please answer your average work hours, including overtime, for your working days.

About hours and minutes per day, on average.

SQ6. How much time do you spend on your commute each way? If you work at home, please fill in “0 minutes”.

About hours and minutes each way.

[The following questions are only for those who currently work or who have ever worked]

Q9. Tell us about your first “job” (except side-job while attending school).

(1) You started your first job in ...

1. Showa <input type="text"/> (year), <input type="text"/> (month)	Or when you were:
2. Heisei	<input type="text"/> years old

(2) Which of the following describes your first job?

1. Non-managerial full-time year-round employee
2. Temporary or part-time employee
3. Dispatched worker
4. Self-employed
5. Family worker of a self-employed person
6. Home handicraft worker

(3) Which of the following classifications describes the type of this job?

1. Professional or technical (e.g., doctor, lawyer, teacher, engineer, nurse, writer, designer)
2. Administrative (managerial position no lower than the chief of a section, i.e. kacho)
3. Office work or business (e.g., clerk, business trade, bank employee, typist)
4. Retail or service (e.g., shopkeeper, store clerk, salesperson, hairdresser, laundry, waiter, customer service, cleaning, tour guide)
5. Skill, physical, or manual work (e.g., factory worker, police officer, craft worker, construction worker, driver)
6. Agriculture, forestry, or fishing
7. Other (Specify _____)

(4) Tell us the number of your co-workers at this job. If you worked for a corporation, please tell us the total number of workers.

1. 1— 9 persons
2. 10—99 persons
3. 100—299 persons
4. 300—499 persons
5. 500—999 persons
6. 1000 or more persons
7. Government

【The following questions are for all respondents】

Q10. How much income did you earn before taxes during the past year? Please answer the total amount including occasional/temporary income, supplemental income, pension, public assistance, etc.

- 1 Did not have any income
- 2 Less than ¥1,000,000
- 3 ¥1,000,000 - ¥1,299,999
- 4 ¥1,300,000 - ¥1,999,999
- 5 ¥2,000,000 - ¥3,999,999
- 6 ¥4,000,000 - ¥5,999,999
- 7 ¥6,000,000 - ¥7,999,999
- 8 ¥8,000,000 - ¥9,999,999
- 9 ¥10,000,000-¥11,990,000
- 10 ¥12,000,000 or more

**** We would like to ask you about the people whom you are living with now.**

Q11. How many persons, including you, are currently living in your household?

(persons)

Q12. Please check all the persons who live in your household now. (Spouse includes a person who is in a common law marriage with you.) Circle as many categories as they apply. If you are living alone, please circle only number 1.

- 1 yourself
- 2 your spouse
- 3 your father
- 4 your mother
- 5 spouse's father
- 6 spouse's mother
- 7 grandparent either you or your spouse
- 8 siblings of either you or spouse
- 9 your child (including child-in-law or stepchild)
- 10 your child's spouse
- 11 your grandchild
- 12 other relative
- 13 person other than relatives

Q13. Who is the head of your household? (Spouse includes the person who is in a common law marriage with you.)

- 1 yourself
- 2 your spouse
- 3 your father
- 4 your mother
- 5 spouse's father
- 6 spouse's mother
- 7 grandparent either you or your spouse
- 8 siblings of either you or spouse
- 9 your child (including child-in-law or stepchild)
- 10 your child's spouse
- 11 your grandchild
- 12 other relative
- 13 person other than relatives

Q14. Which of the following describes the home you live in now?

- 1 Owned, free-standing house
- 2 Owned, condominium, townhouse, apartment, etc.
- 3 Rented, owned by the government or by government housing agencies
- 4 Rented, house/apartment owned by private owner
- 5 Company- or government-owned subsidized housing
- 6 Other (Specify)

Q15. How much income did your household members earn before taxes during the past year (the total amount of all the household members who share the household budget)?

- 1 Did not have any income
- 2 Less than ¥1,000,000
- 3 ¥1,000,000 - ¥1,999,999
- 4 ¥2,000,000 - ¥3,999,999
- 5 ¥4,000,000 - ¥5,999,999
- 6 ¥6,000,000 - ¥7,999,999
- 7 ¥8,000,000 - ¥9,999,999
- 8 ¥10,000,000-¥11,990,000
- 9 ¥12,000,000 or more
- 10 I don't know

**** We would like to ask you about your marriage.**

Q16. Do you currently have a spouse? (Including a common law spouse without official marriage documents)

- 1 currently have a spouse 2 divorced or widowed from the spouse Skip to Q17
- 3 never married Skip to Q20



SQ1. When did you get married?

- 1 Showa (year), (month) Or when you were years old
- 2 Heisei

SQ2. Which of the following describes the current last name of you and your spouse?

- 1. The last name of the husband's family
- 2. The last name of the wife's family
- 3. Each uses different last name
- 4. Other (e.g. My spouse and I were adopted as a couple).

SQ3. Please fill out both the year/month when your spouse was born and his/her current age.

- 1 Taisyō year month Currently years old
- 2 Showa

SQ4. What school did your spouse attend last (whether or not he/she graduated)?

- 1. Junior high school under the new system, or elementary school and its equivalents under the old

3. 100—299 persons

7. Government

4. 300—499 persons

SQ9. How many days does your spouse currently work per month? Please answer as if a month consists of four weeks (28 days). If your spouse has no job or s/he is absent from his/her work, skip to SQ12.

About days a month.

SQ10. How many hours does your spouse currently work each day? Please answer his/her average work hours, including overtime, for his/her working days.

About hours and minutes per day, on average.

SQ11. How much time does your spouse spend on his/her commute each way? If s/he works at home, please fill in “0 minutes”.

About hours and minutes each way.

【We would like to ask you the following questions if you have a spouse】

SQ12. How much income did your spouse earn before taxes during the past year? Please answer the total amount including occasional/temporary income, supplemental income, pension, public assistance, etc.

1. Did not have any income
2. Less than ¥1,000,000
3. ¥1,000,000 - ¥1,299,999
4. ¥1,300,000 - ¥1,999,999
5. ¥2,000,000 - ¥3,999,999
6. ¥4,000,000 - ¥5,999,999
7. ¥6,000,000 - ¥7,999,999
8. ¥8,000,000 - ¥9,999,999
9. ¥10,000,000-¥11,990,000
10. ¥12,000,000 or more
11. I don't know.

SQ13. How would you describe the state of your spouse's health during the past year?

- 1 Very good
- 2 Somewhat good

- 3 Neither good nor bad
- 4 Somewhat bad
- 5 Very bad

SQ14. How often do you regularly spend time with your spouse?

	Almost every day	Four or five times a week	Two or three times a week	About once a week	One or two times a month	Rarely
(1) having dinner together	1	2	3	4	5	6
(2) going shopping together	1	2	3	4	5	6

SQ15. How often do you and your spouse currently do the following household tasks and childcare described in the following (1) through (5)? Please answer for both you and your spouse.

	Yourself					Your Spouse						
	Almost everyday	4-5 times a week	2-3 times a week	About once a week	Rarely	Not Applicable	Almost everyday	4-5 times a week	2-3 times a week	About once a week	Rarely	Not Applicable
(1) Preparing meals	1	2	3	4	5	/	1	2	3	4	5	/
(2) Washing clothes	1	2	3	4	5	/	1	2	3	4	5	/
(3) Cleaning bath tubs /shower rooms	1	2	3	4	5	/	1	2	3	4	5	/
(4) Caring for children or grandchildren	1	2	3	4	5	6	1	2	3	4	5	6
(5) Caring for sick/disabled family members or relatives	1	2	3	4	5	6	1	2	3	4	5	6

SQ16. How would each of the following items (1) through (5) apply to you and your spouse?

	Applies	Somewhat Applies	Applies Little	Does Not Apply At All
1 My spouse (husband/wife) listens to my concerns and worries	1	2	3	4
2 My spouse (husband/wife) highly appreciates my ability and effort.	1	2	3	4
3 My spouse (husband/wife) offers me helpful words and advice.	1	2	3	4

SQ17. When you have disagreements with your spouse, what usually happens?

1. My opinion almost always overcomes.
2. My opinion overcomes more than half times.
3. I can't say either way.
- 4 My spouse's opinion overcomes more than half times.
5. My spouse's opinion almost always overcomes

SQ 18. How satisfied are you with your marriage life in terms of the following items (1) through (5)? If you don't have any children, please circle 5 for the item (2).

	Very satisfied	Somewhat satisfied	Somewhat dissatisfied	Very dissatisfied	Not applicable
(1) The way your spouse does the housework	1	2	3	4	
(2) How your spouse relates with children and the ways he/she takes care of them.	1	2	3	4	5 (I don't have any children)
(3) Distribution and management of the family budget	1	2	3	4	
(4) Sex life	1	2	3	4	
(5) Marriage life as a whole	1	2	3	4	

SQ19. Do you feel that your spouse is currently a member of "your family?"

- 1 Yes
- 2 No
- 3 Neither yes nor no/ I don't know

- 1 Showa
 2 Heisei year month Or when you were years old

【The following questions are for all respondents】

**** We would like to ask you about your thoughts and opinions.**

Q20. What do you think of each of the following opinions? Choose whatever is closest to your thoughts.

	Agree	Somewhat Agree	Somewhat Disagree	Disagree
(1) Men should earn the living and women should take care of the home.	1	2	3	4
(2) When a couple doesn't love each other, they should get divorced.	1	2	3	4
(3) It is all right for an unmarried couple to have sexual relations if they have strong affection for each other.	1	2	3	4
(4) Parents should sacrifice themselves for the sake of their children.	1	2	3	4
(5) It is the duty of the eldest son to take care of his parents.	1	2	3	4
(6) Children ought to live with their parents when their elderly parents can no longer live by themselves.	1	2	3	4

**** We would like to ask you about your worries, etc.**

Q21. During the past month, how often have you experienced each of the following? Tell us about each. Please answer the questions regarding parents and children even if you do not live with them. If you do not have parents or children, or you do not have a job, please circle “5” for the applicable questions.

	Often	Sometimes	Rarely	Never	Not applicable
(1) worry about children	1	2	3	4	5 No children
(2) worry about spouse	1	2	3	4	5 No spouse
(3) worry about parents or parents-in-law	1	2	3	4	5 No parents
(4) feeling that I am not understood by the family members	1	2	3	4	
(5) feeling that my burden in the family is too heavy	1	2	3	4	
(6) feeling that my burden at work is too heavy	1	2	3	4	5 No paid job
(7) feeling that I am not understood at work or on the job	1	2	3	4	5 No paid job

Q22. How would you describe the general state of your health during the past year?

- 1 Very good
- 2 Somewhat good
- 3 Neither good nor bad
- 4 A little bad
- 5 Very bad

Q23. We would like to ask you about your physical or mental state during the past week. How often did you experience each of the following feelings or matters? Circle your answer to each question.

	Not at all	One or two days a week	Three or four days a week	Almost every day
1 I was bothered by things which usually don't bother me.	1	2	3	4
2 I felt that I could not shake off the blues, even if my family or friends cheered me up.	1	2	3	4
3 I felt depressed.	1	2	3	4
4 I felt that I was as good as other people.	1	2	3	4

5 I had trouble keeping my mind on what I was doing.	1	2	3	4
6 My appetite decreased.	1	2	3	4
7 I felt that everything I did was an effort.	1	2	3	4
8 I thought affirmatively about the future.	1	2	3	4
9 I felt fearful.	1	2	3	4
10 I had trouble sleeping.	1	2	3	4
11 I spent my time without dissatisfaction.	1	2	3	4
12 I talked less than usual.	1	2	3	4
13 I felt lonely without company.	1	2	3	4
14 I felt that my days were fun.	1	2	3	4
15 I felt sad.	1	2	3	4
16 I could not concentrate on my work.	1	2	3	4

**** We would like to ask you about your children.**

Q24. How many children do you have (please answer including children-in-law, step-children, or deceased children).

children 0: No children Skip to Q25

SQ1. For the each of your children, please answer their (1) sex, (2) birth year and month, (3) alive or deceased in the order of their birth year (beginning with the earliest year). If you have 6 or more children, please answer about the first 5 children.

	(1) sex circle 1 or 2.	(2) birth year and month Circle 1 or 2, and fill in the blank of year and month	(3) alive or deceased Circle 1 or 2
1 First child	1 male 2 female	Bornin:1 Showa <input type="text"/> year <input type="text"/> month 2 Heisei	1 alive 2 deceased
2 Second child	1 male 2 female	Bornin:1 Showa <input type="text"/> year <input type="text"/> month 2 Heisei	1 alive 2 deceased
3 Third child	1 male 2 female	Bornin:1 Showa <input type="text"/> year <input type="text"/> month 2 Heisei	1 alive 2 deceased
4 Fourth child	1 male 2 female	Bornin:1 Showa <input type="text"/> year <input type="text"/> month 2 Heisei	1 alive 2 deceased
5 Fifth child	1 male 2 female	Bornin:1 Showa <input type="text"/> year <input type="text"/> month 2 Heisei	1 alive 2 deceased

SQ2. Do you have any children (including children-in-law, step-children, and deceased

children) who have ever married?

- 1 I have children who have ever married.
 2 I have no children who have ever married. Skip to SQ4

SQ3. Which of the above listed children got married first? When did s/he get married?

The child who got married first is (birth order)
 He/She got married in 1 Showa
 2 Heisei (year), (month)
 Or when he/she was years old.

【The following questions are only for those who have living children】

SQ4. How many living children do you have?

- I have children
 0 I have no children Skip to Q25

SQ5. For (1) through (8) below, please circle the most applicable choice for each of the living children in the order of their age (If you have 4 or more living children, please answer about 3 older children. Please include children-in-law or step-children).

	First child	Second child	Third child
1. Where is this person living now?	1 with me 2 next door or on the same property 3 within walking distance 4 an area less than 1 hour away each way 5 an area less than 3 hours away each way 6 an area about 3 hours or more away each way	1 with me 2 next door or on the same property 3 within walking distance 4 an area less than 1 hour away each way 5 an area less than 3 hours away each way 6 an area about 3 hours or more away each way	1 with me 2 next door or on the same property 3 within walking distance 4 an area less than 1 hour away each way 5 an area less than 3 hours away each way 6 an area about 3 hours or more away each way
2 Does he/she have the same last name as yours?	1 Yes 2 No	1 Yes 2 No	1 Yes 2 No
3 How often did you speak with this person in depth during the past year?	1 almost every day 2 4 or 5 times a week 3 2 or 3 times a week	1 almost every day 2 4 or 5 times a week 3 2 or 3 times a week	1 almost every day 2 4 or 5 times a week 3 2 or 3 times a week

(including telephone conversations)	4 once a week 5 several times a year 6 not at all 7 other ()	4 once a week 5 several times a year 6 not at all 7 other ()	4 once a week 5 several times a year 6 not at all 7 other ()
4 Which school did this person last attend (or is this person still attending)? (Answer whether or not s/he graduated)	1 No school 2 Elementary or Junior high school 3 High school 4 Vocational college (after high school) 5 Junior college or technical college 6 Four-year university or more	1 No school 2 Elementary or Junior high school 3 High school 4 Vocational college (after high school) 5 Junior college or technical college 6 Four-year university or more	1 No school 2 Elementary or Junior high school 3 High school 4 Vocational college (after high school) 5 Junior college or technical college 6 Four-year university or more
5 Does this person currently have a job?	1 has a job 2 is in school 3 has no job (including homemaker)	1 has a job 2 is in school 3 has no job (including homemaker)	1 has a job 2 is in school 3 has no job (including homemaker)
6 Is this person currently married? (Including a common law marriage)	1 currently has a spouse 2 is divorced or widowed from the spouse 3 has never married	1 currently has a spouse 2 is divorced or widowed from the spouse 3 has never married	1 currently has a spouse 2 is divorced or widowed from the spouse 3 has never married
7 How would you describe the relationship between you and this person?	1 good 2 rather good 3 rather bad 4 bad	1 good 2 rather good 3 rather bad 4 bad	1 good 2 rather good 3 rather bad 4 bad
8 Do you think of this person as a member of your “family” <u>now</u>?	1 Yes 2 No 3 Neither yes nor no./I don’t know.	1 Yes 2 No 3 Neither yes nor no./I don’t know.	1 Yes 2 No 3 Neither yes nor no./I don’t know.

SQ 6. How often do you usually do the following activities with your children?

	Almost everyday	4-5 times a week	2-3 times a week	About once a week	Several times a year	Never
(1) Eat dinner together	1	2	3	4	5	6
(2) Enjoy hobbies, sports, or games together	1	2	3	4	5	6
(3) Go out together	1	2	3	4	5	6
(4) Teach them knowledge and skills (e.g. study and cooking)	1	2	3	4	5	6

【The following questions are for all respondents】

**** We would like to ask you about your parents. (If you have parent(s) other than your biological parent(s), such as adoptive parent(s) or step parent(s), please think of the person with whom you had been involved for the longest time as a child.)**

Q25. For your father and mother, please fill out the birth year and whether they are alive or deceased.

Your father

1 Year of birth

- 1 Meiji
- 2 Taisho
- 3 Showa year
- 4 Other (Specify _____)

2 Whether alive or deceased

- 1 alive
- └2 deceased
- ▼ (If he is deceased)

He died in 1 Taisho
 2 Showa year
 3 Heisei
 or when he was
 years old.

Your mother

1 Year of birth

- 1 Meiji
- 2 Taisho
- 3 Showa year
- 4 Other (Specify _____)

2 Whether alive or deceased

- 1 alive
- └2 deceased
- ▼ (If she is deceased)

She died in 1 Taisho
 2 Showa year
 3 Heisei
 or when she was
 years old.

【We would like to ask you the following questions if your father or mother is alive. If both of your parents are deceased, skip to Q26】

SQ. For (1) through (6) below, please circle the most applicable choice. (If either your father or mother is deceased, please answer for the one who is still alive.)

	Your father	Your mother
1 Is this person your biological parent?	1 Yes (biological father) 2 No (adoptive or step father)	1 Yes (biological mother) 2 No (adoptive or step mother)
2 Does s/he currently have a job?	1 has a job 2 has no job (including retired)	1 has a job 2 has no job (including retired)
3 Where does s/he live?	1 with me 2 next door or on the same property 3 within walking distance 4 an area less than 1 hour away each way 5 an area less than 3 hours away each way 6 an area about 3 hours or more away each way	1 with me 2 next door or on the same property 3 within walking distance 4 an area less than 1 hour away each way 5 an area less than 3 hours away each way 6 an area about 3 hours or more away each way
4 How often did you speak with this person in depth during the past year? (including telephone conversations)	1 almost every day 2 4 or 5 times a week 3 2 or 3 times a week 4 once a week 5 several times a year 6 not at all	1 almost every day 2 4 or 5 times a week 3 2 or 3 times a week 4 once a week 5 several times a year 6 not at all
5 How would you describe the relationship between you and this person?	1 good 2 rather good 3 rather bad 4 bad	1 good 2 rather good 3 rather bad 4 bad
6 Do you think of this person as a member of your “family” <u>now</u>?	1 Yes 2 No 3 Neither yes nor no./I don’t know.	1 Yes 2 No 3 Neither yes nor no./I don’t know.

**** We would like to ask you about your siblings (brothers and sisters).**

Q26. How many siblings do you have? Please answer excluding yourself, but including your siblings who are deceased.

I have (had) siblings in total.



0: I have (had) no sibling. Skip to Q27

SQ1. How many siblings do you currently have?

I have siblings. Skip to SQ2

0: I have no sibling. Skip to Q27

【We would like to ask you the following questions if you currently have any siblings.】

SQ2. For (1) through (7) below, please circle the most applicable choice or fill in the number for each of the living siblings in the order of their age (If you have 4 or more living siblings, please answer about the 3 oldest siblings. Please exclude yourself).

	First sibling	Second sibling	Third sibling
1 What is this person's sex?	1 male 2 female	1 male 2 female	1 male 2 female
2 When was s/he born?	1 Meiji 2 Taisho <input type="text"/> year 3 Showa 4 I don't know.	1 Meiji 2 Taisho year 3 Showa 4 I don't know.	1 Meiji 2 Taisho year 3 Showa 4 I don't know.
3 Does he/she have the same last name as yours?	1 Yes 2 No	1 Yes 2 No	1 Yes 2 No
4 Does s/he live with you?	1 Lives with me 2 Does not live with me	1 Lives with me 2 Does not live with me	1 Lives with me 2 Does not live with me
5 How often did you speak with this person in depth during the past year? (including telephone conversations)	1 almost every day 2 4 or 5 times a week 3 2 or 3 times a week 4 once a week 5 several times a year 6 not at all	1 almost every day 2 4 or 5 times a week 3 2 or 3 times a week 4 once a week 5 several times a year 6 not at all	1 almost every day 2 4 or 5 times a week 3 2 or 3 times a week 4 once a week 5 several times a year 6 not at all
6 Is this person currently married? (Including a common law marriage)	1 currently has a spouse 2 is divorced or widowed from the spouse 3 has never married	1 currently has a spouse 2 is divorced or widowed from the spouse 3 has never married	1 currently has a spouse 2 is divorced or widowed from the spouse 3 has never married

7 Do you think of this person as a member of your “family” <u>now</u>?	1 Yes	1 Yes	1 Yes
	2 No	2 No	2 No
	3 Neither yes nor no./I don't know.	3 Neither yes nor no./I don't know.	3 Neither yes nor no./I don't know.

【The following questions are for all respondents】

**** We would like to ask you about your spouse’s parents. If you have never married, please skip to Q28.**

Q27. For your father-in-law and mother-in-law, please fill out about the birth year and whether they are alive or deceased.

Your spouse’s father

1 Year of birth

- 1 Meiji
- 2 Taisho
- 3 Showa year
- 4 Other (Specify _____)

2 Whether alive or deceased

- 1 alive
- └ 2 deceased
- ▼ (If he is deceased)

He died in 1 Taisho
 2 Showa year
 3 Heisei
 or when he was
 years old.

Your spouse’s mother

1 Year of birth

- 1 Meiji
- 2 Taisho
- 3 Showa year
- 4 Other (Specify _____)

2 Whether alive or deceased

- 1 alive
- └ 2 deceased
- ▼ (If she is deceased)

She died in 1 Taisho
 2 Showa year
 3 Heisei
 or when she was
 years old.

【We would like to ask you the following questions if your father-in-law or mother-in-law is alive. If both of your parents-in-law are deceased, skip to Q28】

SQ. For (1) through (5) below, please circle the most applicable choice. (If either your father-in-law or mother-in-law is deceased, please answer for the one who is still alive.)

	Your father-in-law	Your mother-in-law
1 Does this person currently have a job?	1 has a job 2 has no job (including retired)	1 has a job 2 has no job (including retired)
2 Where does s/he live?	1 with me 2 next door or on the same property 3 within walking distance 4 an area less than 1 hour away each way 5 an area less than 3 hours away each way 6 an area about 3 hours or more away each way	1 with me 2 next door or on the same property 3 within walking distance 4 an area less than 1 hour away each way 5 an area less than 3 hours away each way 6 an area about 3 hours or more away each way
3 How often did you speak with this person in depth during the past year? (including telephone conversations)	1 almost every day 2 4 or 5 times a week 3 2 or 3 times a week 4 once a week 5 several times a year 6 not at all	1 almost every day 2 4 or 5 times a week 3 2 or 3 times a week 4 once a week 5 several times a year 6 not at all
4 How would you describe the relationship between you and this person?	1 good 2 rather good 3 rather bad 4 bad	1 good 2 rather good 3 rather bad 4 bad
5 Do you think of this person as a member of your “family” <u>now</u>?	1 Yes 2 No 3 Neither yes nor no./I don’t know.	1 Yes 2 No 3 Neither yes nor no./I don’t know.

【 The following questions are for all respondents 】

**** We would like to ask you about your relationships with your family members and relatives.**

Q28. (1) During the past year, did you exchange any monetary support (allowances, living expenses, gifts, and loans) with the following persons? Please answer for each category of persons. (This includes those who do not live with you.)

	I gave and received support	I gave support	I received support	I didn't exchange any support	No applicable persons
(1) Your children age 18 or older	1	2	3	4	5
(2) Your father and/or mother	1	2	3	4	5
(3) Your brothers and/or sisters	1	2	3	4	5
(4) Your father-in-law and/or mother-in-law	1	2	3	4	5

(2) During the past year, did you exchange any non-monetary support (taking care of daily activities, housework/house-sitting, nursing/personal care, consultation/listening to personal matters; i.e. anything helpful to you and/or the following person) with the following persons? Please answer for each category of persons. (This includes those who do not live with you.)

	I gave and received support	I gave support	I received support	I didn't exchange any support	No applicable persons
(1) Your children age 18 or older	1	2	3	4	5
(2) Your father and/or mother	1	2	3	4	5
(3) Your brothers and/or sisters	1	2	3	4	5
(4) Your father-in-law and/or mother-in-law	1	2	3	4	5

Q29. During the past year, did you have any troubles or conflicts with the following persons?

Please answer for each category of persons. (This includes those who do not live with you.)

	Yes, I did	No, I didn't	No applicable persons
(1) Your spouse	1	2	5
(2) Your children age 18 or older	1	2	5
(3) Your father and/or mother	1	2	5
(4) Your brother and/or sister	1	2	5
(5) Your father-in-law and/or mother-in-law	1	2	5

Q30. When you need help or person to talk to for the following situations, who or which agency do you depend upon? Please circle responses that apply. (You may circle as many as necessary.)

	Your spouse	Your parents, brothers, and/or sisters	Your children, and/or their spouse	Other relatives	Your friends and/or colleagues	Your neighbors	Specialists and/or service agencies (e.g. government, financial institutions, and/or paid	Nobody
(1) When you get depressed or confused with problems	1	2	3	4	5	6	7	8
(2) When you need a quick loan (of about 300,000 yen)	1	2	3	4	5	6	7	8
(3) When you need emergency assistance for sickness or accident	1	2	3	4	5	6	7	8
(4) When you need personal care for situations such as being bedridden	1	2	3	4	5	6	7	8

**** I would like to ask you about relatives other than those we have already asked.**

Q31. Please answer the questions (1) through (3) for each person listed A through G.

	A. Your grandmother or grandfather	B. Your uncle or aunt (sibling of your father or mother)	C. Your niece or nephew (child of your sibling)	D. Spouse of your children (son's wife or daughter's husband)	E. Grandchildren	F. Spouse of your siblings	G. Spouse of your spouse's siblings
(1) How many persons in total do you currently have for each category. Enter "0" if you don't have any.							
[Next questions (2) and (3) are for the respondents who have at least one person in (1).]							
(2) How many people out of each category do you feel right now to be "members of your family?" Enter "0" if you don't have any.							

[Please answer the following question if you have grandchildren.]

(3) Of your grandchildren, how old is the older person (your first grandchild) now?

years old

The following questions (Q32.-Q37) are only for older respondents (between 58 and 77 years old).

We would like to ask you about caregiving and nursing. Please answer for each of your father (biological), mother (biological), father-in-law (your spouse's father), mother-in-law (your spouse's mother), and spouse.

**** The following questions are for those respondents whose father (of your own) has passed away. If your father is alive, please skip to Q33.**

Q32. Did your father have a period during which care and nursing were required before he passed away?

1. Yes, he did.
2. No, he didn't. ----→ Skip to Question 33.

SQ1. To what extent were you involved in caregiving and nursing? (Visitations and paying for expenses included.)

1. I was a primary person involved in caregiving and nursing.-----→ Skip to SQ2
2. I was involved, though not as a primary person.-----→ Skip to SQ2
3. I was somewhat involved.-----→ Skip to SQ2
4. I was not much involved.-----→ Skip to Q33
5. I had very little opportunity to be involved because of a sudden death.-→Skip to Q33

SQ2. How long were you involved in caregiving and nursing?

1. Less than one month
2. One month ~ less than six months
3. Six months ~ less than one year
4. One year ~ less than three years
5. Three years ~ less than five years
6. Five years ~ less than ten years
7. Ten years or longer

SQ3. During that period, what kind of activities did you practice yourself? Please circle all responses that apply. (You may circle as many as necessary.)

1. Assistance with eating
2. Assistance with dressing
3. Assistance with bathing
4. Assistance with toileting
5. Assistance with walking
6. Other personal care
7. Paying caregiving/nursing expenses

8. Keeping company/visitations

SQ4. During that period, was there a change in the residential relationship between you and your father (living together or separately) due to caregiving and nursing of your father?

Please circle all responses that apply. (You may circle as many as necessary.)

1. My father moved to my house.
2. My family moved to my father's house.
3. Only I moved to my father's house.
4. My father and I came to live separately.
5. I lived with my father all the time.
6. I lived separately from my father all the time.

SQ5. During that period, was there a change in your job due to caregiving and nursing of your father? Please circle all responses that apply. Please circle all responses that apply.

(You may circle as many as necessary.)

1. Reduced work hours.
2. Changed my job.
3. Took a leave of absence.
4. Retired.
5. Worked all the time without change.
6. Did not work to begin with.

**** The following questions are for those respondents whose mother (of your own) has passed away. If your mother is alive, please skip to Q34.**

Q33. Did your mother have a period during which care and nursing were required before she passed away?

1. Yes, she did.
2. No, she didn't. ----→ **Skip to Question 34.**

SQ1. To what extent were you involved in caregiving and nursing? (Visitations and paying for expenses included.)

1. I was a primary person involved in caregiving and nursing.-----→ Skip to SQ2
2. I was involved, though not as a primary person.-----→ Skip to SQ2
3. I was somewhat involved.-----→ Skip to SQ2
4. I was not much involved.-----→ Skip to Q33
5. I had very little opportunity to be involved because of a sudden death.-→Skip to Q33

SQ2. How long were you involved in caregiving and nursing?

1. Less than one month
2. One month ~ less than six months
3. Six months ~ less than one year
4. One year ~ less than three years
5. Three years ~ less than five years
6. Five years ~ less than ten years
7. Ten years or longer

SQ3. During that period, what kind of activities did you practice yourself? Please circle all responses that apply. (You may circle as many as necessary.)

1. Assistance with eating
2. Assistance with dressing
3. Assistance with bathing
4. Assistance with toileting
5. Assistance with walking
6. Other personal care
7. Paying caregiving/nursing expenses
8. Keeping company/visitations

SQ4. During that period, was there a change in the residential relationship between you and your mother (living together or separately) due to caregiving and nursing of your mother? Please circle all responses that apply. (You may circle as many as necessary.)

1. My mother moved to my house.
2. My family moved to my mother's house.
3. Only I moved to my mother's house.
4. My mother and I came to live separately.
5. I lived with my mother all the time.
6. I lived separately from my mother all the time.

SQ5. During that period, was there a change in your job due to caregiving and nursing of your mother? Please circle all responses that apply. (You may circle as many as necessary.)

1. Reduced work hours.
2. Changed my job.
3. Took a leave of absence.
4. Retired.
5. Worked all the time without change.
6. Did not work to begin with.

**** The following questions are for those respondents whose father-in-law (father of your**

spouse, including common-law-spouse) passed away after your marriage. If your father-in-law is alive or died before your marriage, please skip to Q35.

Q34. Did your father-in-law have a period during which care and nursing were required before he passed away?

1. Yes, he did.
2. No, he didn't. ----→ Skip to Question 33.

SQ1. To what extent were you involved in caregiving and nursing? (Visitations and paying for expenses included.)

1. I was a primary person involved in caregiving and nursing.-----→ Skip to SQ2
2. I was involved, though not as a primary person.-----→ Skip to SQ2
3. I was somewhat involved.-----→ Skip to SQ2
4. I was not much involved.-----→ Skip to Q33
5. I had very little opportunity to be involved because of a sudden death.-→Skip to Q33

SQ2. How long were you involved in caregiving and nursing?

1. Less than one month
2. One month ~ less than six months
3. Six months ~ less than one year
4. One year ~ less than three years
5. Three years ~ less than five years
6. Five years ~ less than ten years
7. Ten years or longer

SQ3. During that period, what kind of activities did you practice yourself? Please circle all responses that apply. (You may circle as many as necessary.)

1. Assistance with eating
2. Assistance with dressing
3. Assistance with bathing
4. Assistance with toileting
5. Assistance with walking
6. Other personal care
7. Paying caregiving/nursing expenses
8. Keeping company/visitations

SQ4. During that period, was there a change in the residential relationship between you and your father-in-law (living together or separately) due to caregiving and nursing of your father-in-law? Please circle all responses that apply. (You may circle as many as necessary.)

1. My father moved to my house.
2. My family moved to my father's house.

3. Only I moved to my father's house.
4. My father and I came to live separately.
5. I lived with my father all the time.
6. I lived separately from my father all the time.

SQ5. During that period, was there a change in your job due to caregiving and nursing of your father-in-law? Please circle all responses that apply. (You may circle as many as necessary.)

1. Reduced work hours.
2. Changed my job.
3. Took a leave of absence.
4. Retired.
5. Worked all the time without change.
6. Did not work to begin with.

**** The following questions are for those respondents whose mother-in-law (mother of your spouse, including common-law-spouse) passed away after your marriage. If your mother-in-law is alive or died before your marriage, please skip to Q36.**

Q35. Did your mother-in-law have a period during which care and nursing were required before she passed away?

1. Yes, she did.
2. No, she didn't. ----→ **Skip to Question 33.**

SQ1. To what extent were you involved in caregiving and nursing? (Visitations and paying for expenses included.)

1. I was a primary person involved in caregiving and nursing.-----→ Skip to SQ2
2. I was involved, though not as a primary person.-----→ Skip to SQ2
3. I was somewhat involved.-----→ Skip to SQ2
4. I was not much involved.-----→ Skip to Q33
5. I had very little opportunity to be involved because of a sudden death.-→Skip to Q33

SQ2. How long were you involved in caregiving and nursing?

1. Less than one month
2. One month ~ less than six months
3. Six months ~ less than one year
4. One year ~ less than three years
5. Three years ~ less than five years
6. Five years ~ less than ten years
7. Ten years or longer

SQ3. During that period, what kind of activities did you practice yourself? Please circle all responses that apply. (You may circle as many as necessary.)

1. Assistance with eating
2. Assistance with dressing
3. Assistance with bathing
4. Assistance with toileting
5. Assistance with walking
6. Other personal care
7. Paying caregiving/nursing expenses
8. Keeping company/visitations

SQ4. During that period, was there a change in the residential relationship between you and your mother-in-law (living together or separately) due to caregiving and nursing of your mother-in-law? Please circle all responses that apply. (You may circle as many as necessary.)

1. My father moved to my house.
2. My family moved to my father's house.
3. Only I moved to my father's house.
4. My father and I came to live separately.
5. I lived with my father all the time.
6. I lived separately from my father all the time.

SQ5. During that period, was there a change in your job due to caregiving and nursing of your mother-in-law? Please circle all responses that apply. (You may circle as many as necessary.)

1. Reduced work hours.
2. Changed my job.
3. Took a leave of absence.
4. Retired.
5. Worked all the time without change.
6. Did not work to begin with.

**** Now, we would like to ask you about caregiving of your spouse (including spouse by common law marriage).**

Q36. Is your spouse currently in a state which necessitates caregiving and nursing?

1. Yes, s/he is.
2. No, s/he isn't. -----→ Skip to Q37.
3. I don't have a spouse now. -----→ Skip to Q37

SQ1. Where does your spouse mainly spend most of the day?

1. His/her home
2. Hospital
3. Institution (e.g. Nursing home for the elderly)
4. Other (Specify _____)

SQ2. To what extent are you involved in caregiving and nursing? (Visitations and paying for expenses are included.)

1. I am a primary person involved in caregiving and nursing.-----→ Skip to SQ3
2. I am involved, though not as a primary person.-----→ Skip to SQ3
3. I am somewhat involved.-----→ Skip to SQ3
4. I am not much involved.-----→ Skip to Q37

SQ3. What kind of activities do you practice yourself? Please circle all responses that apply. (You may circle as many as necessary.)

1. Assistance with eating
2. Assistance with dressing
3. Assistance with bathing
4. Assistance with toileting
5. Assistance with walking
6. Other personal care
7. Paying caregiving/nursing expenses
8. Keeping company/visitations

SQ4. Was there a change in your job due to caregiving and nursing of your spouse? Please circle all responses that apply. (You may circle as many as necessary.)

1. Reduced work hours.
2. Changed my job.
3. Took a leave of absence.
4. Retired.
5. Worked all the time without change.
6. Did not work to begin with.

SQ5. How long have you been involved in caregiving and nursing?

1. Less than one month
2. One month ~ less than six months
3. Six months ~ less than one year
4. One year ~ less than three years
5. Three years ~ less than five years
6. Five years ~ less than ten years

7. Ten years or longer

**** The following questions are for those respondents whose spouse (including spouse by common law marriage) has passed away. (For respondents whose spouses are alive, all the questions have been answered. Thank you for your cooperation.)**

Q37. Did your spouse have a period during which care and nursing were required before s/he passed away?

1. Yes, s/he did. 2. No, s/he didn't. ----→ All the questions have been answered.

SQ1. To what extent were you involved in caregiving and nursing? (Visitations and paying for expenses included.)

1. I was a primary person involved in caregiving and nursing.-----→ Skip to SQ2
2. I was involved, though not as a primary person.-----→ Skip to SQ2
3. I was somewhat involved.-----→ Skip to SQ2
4. I was not much involved.-----→ All the questions have been answered.
5. I had very little opportunity to be involved because of a sudden death.-→ All the questions have been answered.

SQ2. How long were you involved in caregiving and nursing?

1. Less than one month
2. One month ~ less than six months
3. Six months ~ less than one year
4. One year ~ less than three years
5. Three years ~ less than five years
6. Five years ~ less than ten years
7. Ten years or longer

SQ3. During that period, what kind of activities did you practice yourself? Please circle all responses that apply. (You may circle as many as necessary.)

1. Assistance with eating
2. Assistance with dressing
3. Assistance with bathing
4. Assistance with toileting
5. Assistance with walking
6. Other personal care
7. Paying caregiving/nursing expenses
8. Keeping company/visitations

SQ4. During that period, was there a change in your job due to caregiving and nursing of

your spouse? Please circle all responses that apply. (You may circle as many as necessary.)

1. Reduced work hours.
2. Changed my job.
3. Took a leave of absence.
4. Retired.
5. Worked all the time without change.
6. Did not work to begin with.

All the questions have been answered. Thank you for your cooperation for a long time.