

# The National Family Research of Japan; Follow-up (for Unmarried)

January 2010

The National Family Research Committee of the Japan Society of Family Sociology  
Supported by the Japan Society for the Promotion of Science

Case ID
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**\*\* First, we would like to ask you about yourself.**

**Q1. What is your sex? (Circle one)**

1. Male                      2. Female

**Q2. Please fill out both the year/month when you were born, and your current age. (Enter the number)**

Showa year  month  Currently  years old

**\*\* We would like to ask you about your opinions regarding the following.**

**Q3. How do you think about finding a marriage partner through the following methods? Please choose the answer that is most closely aligned with your sentiments for each statement. (Circle one for each statement)**

	View positively	View somewhat positively	View somewhat negatively	View negatively
A. Being introduced by parents or relatives	1	2	3	4
B. Being introduced by friends	1	2	3	4
C. Registering with a marriage agency or marriage information service	1	2	3	4
D. Attending matchmaking parties	1	2	3	4
E. Attending clubs for hobbies	1	2	3	4

**Q4. How do you feel about dual surnames, in which a married couple is able to go by separate surnames (family names)? Please choose the answer that is most closely aligned with your sentiments for each statement. (Circle one for each statement)**

	Agree	Somewhat agree	Somewhat disagree	Disagree
A. The law should be changed to allow for dual surnames if the people concerned want it that way	1	2	3	4
B. If the law were to be changed, I would like to adopt dual surnames	1	2	3	4
C. Changing your surname when you get married is a hard thing to do	1	2	3	4
D. Going by the same surname strengthens the sense of solidarity in the family	1	2	3	4
E. Changing one's surname has disadvantages when it comes to work	1	2	3	4
F. If a married couple has separate surnames it would invite confusion over which surname their children should be given	1	2	3	4

**\*\* We would like to ask you about the events of the past year.**

**Q5. Did any of the following events occur between January and December of the last year? (Circle as many as they apply)**

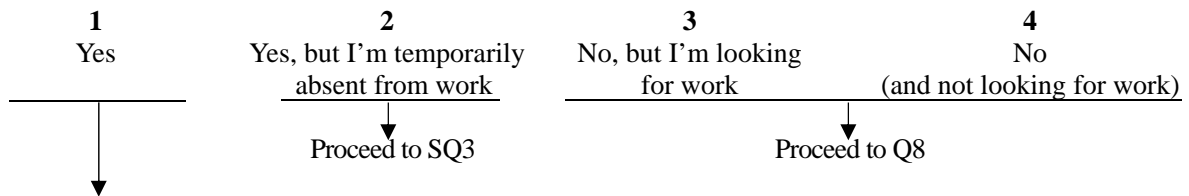
- |                                                              |                                                  |
|--------------------------------------------------------------|--------------------------------------------------|
| 1 You moved to a new residence                               | 7 You got divorced                               |
| 2 You purchased or inherited your own home                   | 8 Your spouse passed away                        |
| 3 You retired from your job                                  | 9 One of your parents passed away                |
| 4 Your spouse retired from his/her job                       | 10 One of your spouse's parents passed away      |
| 5 You had new children → How many? <input type="text"/>      | 11 One of your children passed away              |
| (including adopted children and those from second marriages) | 12 Another family member or relative passed away |
| 6 Grandchildren were born                                    | 13 None of these apply                           |

**Q6. Did any of the following events occur since the start of this year? (Circle as many as they apply)**

- |                                                              |                                                  |
|--------------------------------------------------------------|--------------------------------------------------|
| 1 You moved to a new residence                               | 7 You got divorced                               |
| 2 You purchased or inherited your own home                   | 8 Your spouse passed away                        |
| 3 You retired from your job                                  | 9 One of your parents passed away                |
| 4 Your spouse retired from his/her job                       | 10 One of your spouse's parents passed away      |
| 5 You had new children → How many? <input type="text"/>      | 11 One of your children passed away              |
| (including adopted children and those from second marriages) | 12 Another family member or relative passed away |
| 6 Grandchildren were born                                    | 13 None of these apply                           |

**\*\* We would like to ask you about your job.**

**Q7. Do you currently hold an income earning job? (Circle one)**



**SQ1. How many days do you currently work per month? Please answer as if a month consists of four weeks (28 days). (Enter the number)**

About  days a month.

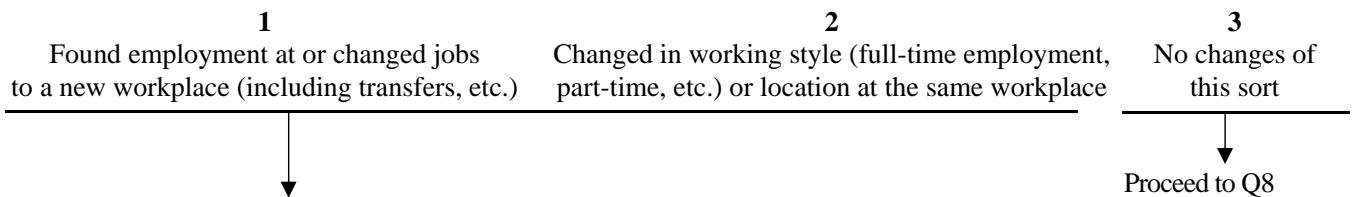
**SQ2. How many hours do you currently work each day? Please answer your average work hours, including overtime on your work days. (Include lunch and other breaks) (Enter the number)**

About  hours and  minutes per day, on average.

**SQ3. We would like to ask about the relationship between your job and family. Please circle the number which you feel best applies to the situation. (Circle one for each statement)**

	Applies	Somewhat Applies	Doesn't Apply Much	Applies Very Little
<b>A. Due to my job, I don't have enough time to spend with my family.</b>	1	2	3	4
<b>B. I can't help worrying about my job even when I am at home.</b>	1	2	3	4
<b>C. Due to family matters, I cannot allocate my time to my job as I wish.</b>	1	2	3	4
<b>D. Due to fatigue from housework and childcare, I don't feel like working with my job.</b>	1	2	3	4

**SQ4 Has anything changed with your current primary job compared to January of the last year? (Circle one)**



**SQ5. Which one of the following describes your current job? (Circle one)**

- |                                                              |                                            |
|--------------------------------------------------------------|--------------------------------------------|
| 1. Corporate owner or executive                              | 5. Self-employed or freelance              |
| 2. Full-time year-round employee<br>(including civil worker) | 6. Family employee of independent business |
| 3. Temporary or part-time employee                           | 7. Home handicraft worker                  |
| 4. Dispatched, contract, or non-regular<br>staff worker      |                                            |

**\*\*We would like to ask about your marriage and spouse.**

[Marriage includes a common law relationship without official marriage documents.  
Your spouse indicates your husband, wife, better half, and/or partner.]

**[The following questions are for all respondents.]**

**Q8. Do you currently have a spouse? If you are widowed or divorced, please answer the following based on the most recent marriage. (Circle one)**

- |                                   |                  |                 |                       |
|-----------------------------------|------------------|-----------------|-----------------------|
| 1. <u>Currently have a spouse</u> | 2. No (divorced) | 3. No (widowed) | 4. No (never married) |
| ↓                                 | ↓                |                 |                       |
|                                   | Proceed to Q11   |                 |                       |

**[Q9 through Q10 are for those who currently have a spouse.]**

**Q9. When did you get married? (Circle one GENGO and enter the number)**

1. Showa  
2. Heisei      year       month       (or when you were  years old)

**Q10. When you got married, what did you do with your job? (Circle as many as they apply)**

- |                         |                                                                      |
|-------------------------|----------------------------------------------------------------------|
| 0. I didn't have a job. | 3. I changed the type of job or job category in the same work place. |
| 1. I quit my job.       | 4. There was no change in my job (I continued the same job).         |
| 2. I changed my job.    | 5. Other (Specify _____)                                             |

**[Q11 through Q13 are for those who currently don't have a spouse. If you have a spouse, proceed to Q14]**

**Q11. Would you like to get married in the future? (Circle one)**

- |                        |                    |                                  |
|------------------------|--------------------|----------------------------------|
| 1. Absolutely yes.     | 2. I would rather. | 3. I can't say one or the other. |
| 4. I would rather not. | 5. Absolutely no.  |                                  |

**Q12. Do you currently have someone in particular you go out with or a fiancée?**

1. I currently have a fiancée.
2. I currently have someone in particular whom I go out with.
3. I had someone in particular whom I went out with, but not at this time.
4. I have never had anyone in particular whom I have gone out with.

Q13. How often do you currently engage in the household tasks described in the following A through E? (Circle one for each)

	Almost everyday (6-7 times a week)	4-5 times a week	2-3 times a week	About once a week	Rarely
A. Preparing meals	1	2	3	4	5
B. Cleaning up after meals	1	2	3	4	5
C. Grocery shopping	1	2	3	4	5
D. Washing clothes	1	2	3	4	5
E. Housecleaning (rooms, bathtubs, toilets)	1	2	3	4	5

**\*\* We would like to ask you about your life in general.**

**[The following questions are for all respondents.]**

Q14. We would like to ask you about your physical or mental state during the past week. How often did you experience each of the following feelings or matters? (Circle one for each question)

	Not at all	1~2 days a week	3~4 days a week	Almost everyday
A. I was bothered by things which usually don't bother me.	1	2	3	4
B. I felt that I could not shake off the blues, even if my family or friends cheered me up.	1	2	3	4
C. I felt depressed.	1	2	3	4
D. I had trouble keeping my mind on what I was doing.	1	2	3	4
E. My appetite decreased.	1	2	3	4
F. I felt that everything I did was an effort.	1	2	3	4
G. I felt fearful.	1	2	3	4
H. I had trouble sleeping.	1	2	3	4
I. I talked less than usual.	1	2	3	4
J. I felt lonely without company.	1	2	3	4
K. I felt that my days were fun.	1	2	3	4
L. I felt sad.	1	2	3	4

Q15. During the past month, how often did you experience each of the following? Tell us about each. (Circle one for each)

	Often	Sometimes	Rarely	Never
A. feeling that I am not understood by family members	1	2	3	4
B. feeling that I had too much responsibilities for housework, child- and elderly-care	1	2	3	4
C. feeling anxious about the future of household economy	1	2	3	4

**Q16. How would you describe the general state of your health during the past year? (Circle one)**

1. Very good                      2. Somewhat good                      3. Neither good nor poor  
 4. Somewhat poor                5. Very poor

**Q17. Overall, how satisfied are you with your current living? (Circle one)**

1. Very satisfied                      2. Somewhat satisfied  
 3. Somewhat dissatisfied        4. Very dissatisfied

**\*\* We would like to ask you about your children.**

**Q18. How many children do you have (including adopted, step, and deceased children)?**

children                      0. No children      → Proceed to Q20



**Q19. Please answer the following questions for each of the first to third living children in the order of their births.**

	First child	Second child	Third child
A. What is the sex of this person? (Circle only one for each)			
	1 Male 2 Female	1 Male 2 Female	1 Male 2 Female
B. Where does this person live? Answer in time required by the most common transportation method. (Circle one for each)			
	1 Lives together 2 A locatioin in less than 60 minutes 3 A locatioin in 60 or more minutes	1 Lives together 2 A locatioin in less than 60 minutes 3 A locatioin in 60 or more minutes	1 Lives together 2 A locatioin in less than 60 minutes 3 A locatioin in 60 or more minutes
C. How often do you usually play with this person (e.g. hobbies, sports, or games)? (Circle one for each)			
	1. almost everyday (5-7 times a week) 2. 3-4 times a week 3. 1-2 times a week 4. 1-2 times a month 5. several times a year 6. none at all	1. almost everyday (5-7 times a week) 2. 3-4 times a week 3. 1-2 times a week 4. 1-2 times a month 5. several times a year 6. none at all	1. almost everyday (5-7 times a week) 2. 3-4 times a week 3. 1-2 times a week 4. 1-2 times a month 5. several times a year 6. none at all
D. How often do you usually teach knowledge or skills to this person (e.g. study or cooking)? (Circle one for each)			
	1. almost everyday (5-7 times a week) 2. 3-4 times a week 3. 1-2 times a week 4. 1-2 times a month 5. several times a year 6. none at all	1. almost everyday (5-7 times a week) 2. 3-4 times a week 3. 1-2 times a week 4. 1-2 times a month 5. several times a year 6. none at all	1. almost everyday (5-7 times a week) 2. 3-4 times a week 3. 1-2 times a week 4. 1-2 times a month 5. several times a year 6. none at all
E. How often do you usually have dinner with this person? (Circle one for each)			
	1. almost everyday (5-7 times a week) 2. 3-4 times a week 3. 1-2 times a week 4. 1-2 times a month 5. several times a year 6. none at all	1. almost everyday (5-7 times a week) 2. 3-4 times a week 3. 1-2 times a week 4. 1-2 times a month 5. several times a year 6. none at all	1. almost everyday (5-7 times a week) 2. 3-4 times a week 3. 1-2 times a week 4. 1-2 times a month 5. several times a year 6. none at all
F. How old is this person? If you are not exactly sure, you can answer to with a one or two year margin. (Enter the number)			

<div style="border: 1px solid black; width: 40px; height: 20px; margin: 0 auto; display: flex; align-items: center; justify-content: center;"> <span style="font-size: 10px;"> </span> </div> years old	<div style="border: 1px solid black; width: 40px; height: 20px; margin: 0 auto; display: flex; align-items: center; justify-content: center;"> <span style="font-size: 10px;"> </span> </div> years old	<div style="border: 1px solid black; width: 40px; height: 20px; margin: 0 auto; display: flex; align-items: center; justify-content: center;"> <span style="font-size: 10px;"> </span> </div> years old
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First child	Second child	Third child
G. Is this person under 18 years old, or 18 or older? (Circle one for each)		
1 Under 18 years old 2 18 or older	1 Under 18 years old 2 18 or older	1 Under 18 years old 2 18 or older

**【Please answer (H) through (Q) below only for children 18 years or older.】**

**【Please proceed to Q20 if you do not have any children 18 years or older.】**

First child <u>18 years old or older</u>	Second child <u>18 years old or older</u>	Third child <u>18 years old or older</u>
H. Does this person currently have a job? (Circle one for each)		
1. has a job 2. in school/not yet in school 3. has no job (including homemaker)	1. has a job 2. in school/not yet in school 3. has no job (including homemaker)	1. has a job 2. in school/not yet in school 3. has no job (including homemaker)
I. Is this person currently married? (Circle one for each)		
1 Currently has a spouse 2 Divorced 3 Widowed 4 Never married	1 Currently has a spouse 2 Divorced 3 Widowed 4 Never married	1 Currently has a spouse 2 Divorced 3 Widowed 4 Never married
J. Does this person have children? If so, indicate their ages. (Circle as many as they apply)		
1. no children 2. children between 0 and 5 3. children between 6 and 17 4. children 18 or older	1. no children 2. children between 0 and 5 3. children between 6 and 17 4. children 18 or older	1. no children 2. children between 0 and 5 3. children between 6 and 17 4. children 18 or older
K. How often did you speak in depth with this person during the past year (including phone conversation)? (Circle one)		
1. almost everyday (5-7 times a week) 2. 3-4 times a week 3. 1-2 times a week 4. 1-2 times a month 5. several times a year 6. none at all	1. almost everyday (5-7 times a week) 2. 3-4 times a week 3. 1-2 times a week 4. 1-2 times a month 5. several times a year 6. none at all	1. almost everyday (5-7 times a week) 2. 3-4 times a week 3. 1-2 times a week 4. 1-2 times a month 5. several times a year 6. none at all
L. During the past year, did you <u>receive</u> any <u>financial support</u> (remittance, allowance, gift money) from this person? (Circle one for each)		
1. Yes (¥300,000 a year or more) 2. Yes (less than ¥300,000 a year) 3. No	1. Yes (¥300,000 a year or more) 2. Yes (less than ¥300,000 a year) 3. No	1. Yes (¥300,000 a year or more) 2. Yes (less than ¥300,000 a year) 3. No
M. During the past year, did you <u>ask</u> this person for <u>advice</u> ? (Circle one for each)		
1. Yes 2. No	1. Yes 2. No	1. Yes 2. No
N. During the past year, did you <u>receive</u> any <u>help</u> from this person in <u>nursing and/or housework</u> ? (Circle one for each)		
1. Yes 2. No	1. Yes 2. No	1. Yes 2. No
O. During the past year, did you <u>give</u> any <u>financial support</u> (remittance, allowance, gift money) to this person? (Circle one for each)		
1. Yes (¥300,000 a year or more) 2. Yes (less than ¥300,000 a year) 3. No	1. Yes (¥300,000 a year or more) 2. Yes (less than ¥300,000 a year) 3. No	1. Yes (¥300,000 a year or more) 2. Yes (less than ¥300,000 a year) 3. No

P. During the past year, did you <u>give</u> this person any <u>advice</u> ? (Circle one for each)			
1. Yes 2. No	1. Yes 2. No	1. Yes 2. No	1. Yes 2. No
Q. During the past year, did you <u>give any help</u> to this person in <u>nursing and/or housework</u> ? (Circle one for each)			
1. Yes 2. No	1. Yes 2. No	1. Yes 2. No	1. Yes 2. No

**\*\* We would like to ask you about your parents. (If you have parent(s) other than your biological parent(s), such as adoptive parent(s) or stepparent(s), please think of the person with whom you had been involved for the longest time as a child.)**

**[The following questions are for all respondents.]**

**Q20. Roughly how has the health status of this person been over the past year? If you are married, please answer about the parents of your spouse. (Circle one for each)**

Your father's health status	Your mother's health status	Your spouse's father's health status	Your spouse's mother's health status
1 Very good 2 Somewhat good 3 Neither good nor poor 4 Somewhat poor 5 Very poor 6 Deceased	1 Very good 2 Somewhat good 3 Neither good nor poor 4 Somewhat poor 5 Very poor 6 Deceased	1 Very good 2 Somewhat good 3 Neither good nor poor 4 Somewhat poor 5 Very poor 6 Deceased	1 Very good 2 Somewhat good 3 Neither good nor poor 4 Somewhat poor 5 Very poor 6 Deceased

**\*\* We would like to ask you about the people you currently live with.**

**Q21. How many people do you currently live with including yourself? Please exclude those who are temporarily keeping separate residence.**

Including you, \_\_\_\_\_ people (Write "01" if you are living alone)

**Q22. From the following, list everyone whom you currently live with, including yourself. (Circle as many as they apply)**

- |                                                       |                                  |
|-------------------------------------------------------|----------------------------------|
| ①. Yourself                                           | 11. Your spouse's siblings       |
| 2. Your husband or wife (including common-law spouse) | 12. Your child's husband or wife |
| 3. Your children                                      | 13. Your grandchildren           |
| 4. Your father                                        | 14. Other (Specify _____)        |
| 5. Your mother                                        |                                  |
| 6. Your father-in-law                                 |                                  |
| 7. Your mother-in-law                                 |                                  |
| 8. Your grandparents                                  |                                  |
| 9. Your spouse's grandparents                         |                                  |
| 10. Your siblings                                     |                                  |

**Q23. Which of the following income categories is closest to your income, your spouse's income, your household income before taxes during the past year? Please include temporary income, supplemental income, and pension. (Circle one for each)**

Your income	Your spouse's income	Household income
<b>1</b> Did not earn income	<b>1</b> Did not earn income	<b>1</b> Did not earn income
<b>2</b> Less than ¥1,000,000	<b>2</b> Less than ¥1,000,000	<b>2</b> Less than ¥1,000,000
<b>3</b> ¥1,000,000 - ¥1,299,999	<b>3</b> ¥1,000,000 - ¥1,299,999	<b>3</b> ¥1,000,000 - ¥1,299,999
<b>4</b> ¥1,300,000 - ¥1,999,999	<b>4</b> ¥1,300,000 - ¥1,999,999	<b>4</b> ¥1,300,000 - ¥1,999,999
<b>5</b> ¥2,000,000 - ¥2,999,999	<b>5</b> ¥2,000,000 - ¥2,999,999	<b>5</b> ¥2,000,000 - ¥2,999,999
<b>6</b> ¥3,000,000 - ¥3,999,999	<b>6</b> ¥3,000,000 - ¥3,999,999	<b>6</b> ¥3,000,000 - ¥3,999,999
<b>7</b> ¥4,000,000 - ¥4,999,999	<b>7</b> ¥4,000,000 - ¥4,999,999	<b>7</b> ¥4,000,000 - ¥4,999,999
<b>8</b> ¥5,000,000 - ¥5,999,999	<b>8</b> ¥5,000,000 - ¥5,999,999	<b>8</b> ¥5,000,000 - ¥5,999,999
<b>9</b> ¥6,000,000 - ¥6,999,999	<b>9</b> ¥6,000,000 - ¥6,999,999	<b>9</b> ¥6,000,000 - ¥6,999,999
<b>10</b> ¥7,000,000 - ¥7,999,999	<b>10</b> ¥7,000,000 - ¥7,999,999	<b>10</b> ¥7,000,000 - ¥7,999,999
<b>11</b> ¥8,000,000 - ¥8,999,999	<b>11</b> ¥8,000,000 - ¥8,999,999	<b>11</b> ¥8,000,000 - ¥8,999,999
<b>12</b> ¥9,000,000 - ¥9,999,999	<b>12</b> ¥9,000,000 - ¥9,999,999	<b>12</b> ¥9,000,000 - ¥9,999,999
<b>13</b> ¥10,000,000 - ¥10,999,999	<b>13</b> ¥10,000,000 - ¥10,999,999	<b>13</b> ¥10,000,000 - ¥10,999,999
<b>14</b> ¥11,000,000 - ¥11,999,999	<b>14</b> ¥11,000,000 - ¥11,999,999	<b>14</b> ¥11,000,000 - ¥11,999,999
<b>15</b> ¥12,000,000 - ¥12,999,999	<b>15</b> ¥12,000,000 - ¥12,999,999	<b>15</b> ¥12,000,000 - ¥12,999,999
<b>16</b> ¥13,000,000 - ¥13,999,999	<b>16</b> ¥13,000,000 - ¥13,999,999	<b>16</b> ¥13,000,000 - ¥13,999,999
<b>17</b> ¥14,000,000 - ¥14,999,999	<b>17</b> ¥14,000,000 - ¥14,999,999	<b>17</b> ¥14,000,000 - ¥14,999,999
<b>18</b> ¥15,000,000 - ¥15,999,999	<b>18</b> ¥15,000,000 - ¥15,999,999	<b>18</b> ¥15,000,000 - ¥15,999,999
<b>19</b> ¥16,000,000 or more	<b>19</b> ¥16,000,000 or more	<b>19</b> ¥16,000,000 or more
	<b>20</b> no spouse	

**Q24. Finally, please enter today's date. (Enter the number)**

Month:  /  Date:  /

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- All the questions have been answered. Thank you for your cooperation for a long time. ○
- Please place the above in the self-addressed, stamped envelope and mail it out. ○