

## The National Family Research of Japan; Follow-up (for Married)

January 2011

The National Family Research Committee of the Japan Society of Family Sociology  
Supported by the Japan Society for the Promotion of Science

Case ID

**\*\* First, we would like to ask you about yourself.**

**Q1. What is your sex? (Circle one)**

1. Male                      2. Female

**Q2. Please fill out both the year/month when you were born, and your current age. (Enter the number)**

Show a year  month  Currently  years old

**\*\* We would like to ask you about your opinions regarding the following.**

**Q3. What do you think of each of the following opinions? Please choose the answer closest to yours. (Circle one for each question)**

	Agree	Somewhat Agree	Somewhat Disagree	Disagree
A. Men should earn the living and women should take care of the home.	1	2	3	4
B. Mothers should not work outside and should concentrate on childcare until a child becomes 3 years old.	1	2	3	4
C. It is a man's role to (financially) support his family.	1	2	3	4
D. It is all right for a married couple not to officially marry if they agree with each other.	1	2	3	4
E. Once married, people don't have to have children.	1	2	3	4
F. When married people are not satisfied with each other, they can get divorced.	1	2	3	4
G. When parents cannot live by themselves due to their old age, children should live with them.	1	2	3	4
H. It is a child's responsibility to support parents who have no income due to their old age	1	2	3	4
I. It is natural for a child to take care of parents when they become bedridden.	1	2	3	4

**Q4. What do you think about the way in which children are raised in the future? Please choose the answer closest to your sentiment for each statement. (Circle one for each)**

	Agree	Somewhat agree	Somewhat disagree	Disagree
A. Fathers raising children should reduce their work time	1	2	3	4
B. Grandparents should get more involved in raising children	1	2	3	4
C. Increasing allowances to families raising children is a good use of tax	1	2	3	4

D. Increasing the number of day care facilities is a good use of tax	1	2	3	4
E. It is easier to raise children in today's Japan compared to two or three years ago	1	2	3	4

**\*\* We would like to ask you about the events of the past year.**

**Q5. Did any of the following events occur between January and December of the last year? (Circle as many as they apply)**

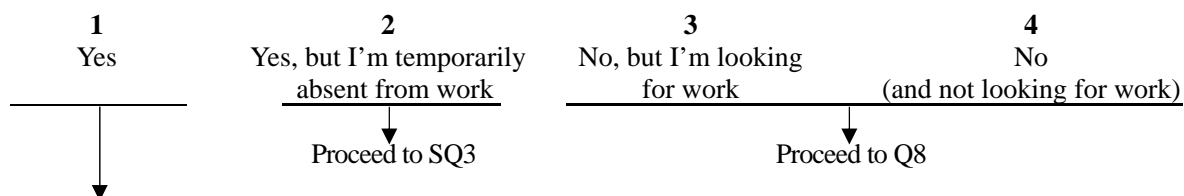
- |   |  |
|---|--|
| 1 You moved to a new residence                              | 7 You got divorced                               |
| 2 You purchased or inherited your own home                  | 8 Your spouse passed away                        |
| 3 You retired from your job                                 | 9 One of your parents passed away                |
| 4 Your spouse retired from his/her job                      | 10 One of your spouse's parents passed away      |
| 5 You had new children → How many? <input type="text"/>     | 11 One of your children passed away              |
| (including adopted children and those from second marriage) | 12 Another family member or relative passed away |
| 6 Grandchildren were born                                   | 13 None of these apply                           |

**Q6. Did any of the following events occur since the start of this year? (Circle as many as they apply)**

- |   |  |
|---|--|
| 1 You moved to a new residence                              | 7 You got divorced                               |
| 2 You purchased or inherited your own home                  | 8 Your spouse passed away                        |
| 3 You retired from your job                                 | 9 One of your parents passed away                |
| 4 Your spouse retired from his/her job                      | 10 One of your spouse's parents passed away      |
| 5 You had new children → How many? <input type="text"/>     | 11 One of your children passed away              |
| (including adopted children and those from second marriage) | 12 Another family member or relative passed away |
| 6 Grandchildren were born                                   | 13 None of these apply                           |

**\*\* We would like to ask you about your job.**

**Q7. Do you currently hold an income earning job? (Circle one)**



**SQ1. How many days do you currently work per month? Please answer as if a month consists of four weeks (28 days). (Enter the number)**

About  days a month.

**SQ2. How many hours do you currently work each day? Please answer your average work hours, including overtime on your work days. (Include lunch and other breaks) (Enter the number)**

About  hours and  minutes per day, on average.

**SQ3. We would like to ask about the relationship between your job and family. Please circle the number which you feel best applies to the situation. (Circle one for each statement)**

	Applies	Somewhat Applies	Doesn't Apply Much	Applies Very Little
A. Due to my job, I don't have enough time to spend with my family.	1	2	3	4
B. I can't help worrying about my job even when I am	1	2	3	4

at home.				
C. Due to family matters, I cannot allocate my time to my job as I wish.	1	2	3	4
D. Due to fatigue from housework and childcare, I don't feel like working with my job.	1	2	3	4

**SQ4 Has anything changed with your current primary job compared to January of the last year? (Circle one)**

- |  |  |                         |
|--|--|-------------------------|
| <b>1</b>   | <b>2</b>   | <b>3</b>                |
| Found employment at or changed jobs to a new workplace (including transfers, etc.) | Changed in working style (full-time employment, part-time, etc.) or location at the same workplace | No changes of this sort |

**SQ5. Which one of the following describes your current job? (Circle one)**

- |   |  |
|---|--|
| 1. Corporate owner or executive                           | 5. Self-employed or freelance              |
| 2. Full-time year-round employee (including civil worker) | 6. Family employee of independent business |
| 3. Temporary or part-time employee                        | 7. Home handicraft worker                  |
| 4. Dispatched, contract, or non-regular staff worker      |  |

**\*\*We would like to ask about your marriage and spouse.**

[Marriage includes a common law relationship without official marriage documents. Your spouse indicates your husband, wife, better half, and/or partner.]

[The following questions are for all respondents.]

**Q8. Do you currently have a spouse? If you are widowed or divorced, please answer the following based on the most recent marriage. (Circle one)**

- |                                   |                         |                        |                              |
|-----------------------------------|-------------------------|------------------------|------------------------------|
| 1. <u>Currently have a spouse</u> | 2. <u>No (divorced)</u> | 3. <u>No (widowed)</u> | 4. <u>No (never married)</u> |
| ↓                                 |                         | ↓                      |                              |
| Proceed to the next question      |                         | Proceed to Q15         |                              |

**Q9. Does your spouse currently hold an income earning job? (Circle one)**

- |                 |  |   |   |
|-----------------|--|---|---|
| <b>1</b><br>Yes | <b>2</b><br>Yes but s/he is temporarily absent from work | <b>3</b><br>No but s/he is looking for work | <b>4</b><br>No (and not looking for work) |
| ↓               | ↓  | ↓   |   |
|                 | Proceed to SQ3   | Proceed to Q10                              |   |

**SQ1. How many days does your spouse currently work per month? Please answer as if a month consists of four weeks (28 days). (Enter the number)**

About  days a month

**SQ2. How many hours does your spouse currently work per day? Please answer his/her average work hours, including overtime, on his/her work days. (Include lunch and other breaks) (Enter the number)**

About  hours and  minutes per day, on average

**SQ3. Has anything changed with your spouse's current primary job compared to January of the last year? (Circle one)**

- |  |  |                         |
|--|--|-------------------------|
| <b>1</b>   | <b>2</b>   | <b>3</b>                |
| Found employment at or changed jobs to a new workplace (including transfers, etc.) | Changed in working style (full-time employment, part-time, etc.) or location at the same workplace | No changes of this sort |

**SQ4. Which of the following describes your spouse's current job? (Circle one)**

- 1. Corporate owner or executive
- 2. Full-time year-round employee (including civil worker)
- 3. Temporary or part-time employee
- 4. Dispatched, contract, or non-regular staff worker
- 5. Self-employed or freelance
- 6. Family employee of independent business
- 7. Home handicraft worker

**Q10. How would you describe your spouse's overall health during the past year? (Circle one)**

1. Very good    2. Somewhat good    3. Neither good nor poor    4. Somewhat poor    5. Very poor

**Q11. How much time per day on the average, do you have an "in depth" conversation with your spouse? Please answer for weekdays and weekend. (Circle one for each)**

	0 minute	Less than 30 min.	30 min. ~ 1 hour	1 ~ 1.5 hours	1.5 ~ 2 hours	2 ~ 2.5 hours	2.5 ~ 3 hours	More than 3 hours
<b>A. Weekdays</b>	1	2	3	4	5	6	7	8
<b>B. Weekend</b>	1	2	3	4	5	6	7	8

**Q12. How would each of the following items (A) through (C) apply to you and your spouse? (Circle one for each)**

	Applies	Somewhat Applies	Applies Little	Does Not Apply
<b>A. My spouse listens to my concerns and worries.</b>	1	2	3	4
<b>B. My spouse highly appreciates my ability and effort.</b>	1	2	3	4
<b>C. My spouse offers me helpful words and advice.</b>	1	2	3	4

**Q13. How often do you and your spouse currently engage in the household tasks described in the following A through E? Please answer for both you and your spouse. (Circle one for each)**

	Yourself					Your Spouse				
	Almost everyday (6-7 times a week)	4-5 times a week	2-3 times a week	About once a week	Rarely	Almost everyday (6-7 times a week)	4-5 times a week	2-3 times a week	About once a week	Rarely
<b>A. Preparing meals</b>	1	2	3	4	5	1	2	3	4	5
<b>B. Cleaning up after meals</b>	1	2	3	4	5	1	2	3	4	5
<b>C. Grocery shopping</b>	1	2	3	4	5	1	2	3	4	5
<b>D. Washing clothes</b>	1	2	3	4	5	1	2	3	4	5
<b>E. Housecleaning (rooms, bathtubs, toilets)</b>	1	2	3	4	5	1	2	3	4	5

**Q14. How satisfied are you with your marriage life in terms of the following items (A) through (D)? If you don't have any children, please circle 5. (Circle one for each question)**

	Very satisfied	Somewhat satisfied	Somewhat dissatisfied	Very dissatisfied	Don't have children
A. The way your spouse deals with child raising	1	2	3	4	5
B. The way your spouse deals with housework	1	2	3	4	
C. Sex life	1	2	3	4	
D. Spousal relationship as a whole	1	2	3	4	

**\*\* We would like to ask you about your life in general.**

**[The following questions are for all respondents.]**

**Q15. We would like to ask you about your physical or mental state during the past week. How often did you experience each of the following feelings or matters? (Circle one for each question)**

	Not at all	1~2 days a week	3~4 days a week	Almost everyday
A. I was bothered by things which usually don't bother me.	1	2	3	4
B. I felt that I could not shake off the blues, even if my family or friends cheered me up.	1	2	3	4
C. I felt depressed.	1	2	3	4
D. I had trouble keeping my mind on what I was doing.	1	2	3	4
E. My appetite decreased.	1	2	3	4
F. I felt that everything I did was an effort.	1	2	3	4
G. I felt fearful.	1	2	3	4
H. I had trouble sleeping.	1	2	3	4
I. I talked less than usual.	1	2	3	4
J. I felt lonely without company.	1	2	3	4
K. I felt that my days were fun.	1	2	3	4
L. I felt sad.	1	2	3	4

**Q16. During the past month, how often did you experience each of the following? Tell us about each. (Circle one for each)**

	Often	Sometimes	Rarely	Never
A. feeling that I am not understood by family members	1	2	3	4
B. feeling that I had too much responsibilities for housework, child- and elderly-care	1	2	3	4
C. feeling anxious about the future of household economy	1	2	3	4

**Q17. How would you describe the general state of your health during the past year? (Circle one)**

1. Very good                      2. Somewhat good                      3. Neither good nor poor  
4. Somewhat poor                      5. Very poor

**Q18. Overall, how satisfied are you with your current living? (Circle one)**

1. Very satisfied                      2. Somewhat satisfied  
3. Somewhat dissatisfied                      4. Very dissatisfied

**\*\* We would like to ask you about your children.**

**Q19. How many children do you have (including adopted, step, and deceased children)?**

children

0. No children → Proceed to Q21



**Q20. Please answer the following questions for each of the first to third living children.**

	First child	Second child	Third child
A. What is the sex of this person? (Circle only one answer for each)			
	1 Male 2 Female	1 Male 2 Female	1 Male 2 Female
B. Where does this person live? Answer in time required by the most common transportation method. (Circle one for each)			
	1 Lives together 2 A locatioin in less than 60 minutes 3 A locatioin in 60 or more minutes	1 Lives together 2 A locatioin in less than 60 minutes 3 A locatioin in 60 or more minutes	1 Lives together 2 A locatioin in less than 60 minutes 3 A locatioin in 60 or more minutes
C. How often do you usually play with this person (e.g. hobbies, sports, or games)? (Circle one for each)			
	1. almost everyday (5-7 times a week) 2. 3-4 times a week 3. 1-2 times a week 4. 1-2 times a month 5. several times a year 6. none at all	1. almost everyday (5-7 times a week) 2. 3-4 times a week 3. 1-2 times a week 4. 1-2 times a month 5. several times a year 6. none at all	1. almost everyday (5-7 times a week) 2. 3-4 times a week 3. 1-2 times a week 4. 1-2 times a month 5. several times a year 6. none at all
D. How often do you usually teach knowledge or skills to this person (e.g. study or cooking)? (Circle one for each)			
	1. almost everyday (5-7 times a week) 2. 3-4 times a week 3. 1-2 times a week 4. 1-2 times a month 5. several times a year 6. none at all	1. almost everyday (5-7 times a week) 2. 3-4 times a week 3. 1-2 times a week 4. 1-2 times a month 5. several times a year 6. none at all	1. almost everyday (5-7 times a week) 2. 3-4 times a week 3. 1-2 times a week 4. 1-2 times a month 5. several times a year 6. none at all
E. How often do you usually have dinner with this person? (Circle one for each)			
	1. almost everyday (5-7 times a week) 2. 3-4 times a week 3. 1-2 times a week 4. 1-2 times a month 5. several times a year 6. none at all	1. almost everyday (5-7 times a week) 2. 3-4 times a week 3. 1-2 times a week 4. 1-2 times a month 5. several times a year 6. none at all	1. almost everyday (5-7 times a week) 2. 3-4 times a week 3. 1-2 times a week 4. 1-2 times a month 5. several times a year 6. none at all
F. How old is this person? If you are not exactly sure, you can answer with a one or two year margin. (Enter the number)			
	<input type="text"/> years old	<input type="text"/> years old	<input type="text"/> years old

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~ ~ ~

	First child	Second child	Third child
G. Is this person under 18 years old or 18 or older? (Circle one for each)			
	1 Under 18 years old 2 18 or older	1 Under 18 years old 2 18 or older	1 Under 18 years old 2 18 or older



**【Please answer (H) through (Q) below only for children 18 years or older.】**

**【Please proceed to Q21 if you do not have any children 18 years or older.】**

	<b>First child 18 years old or older</b>	<b>Second child 18 years old or older</b>	<b>Third child 18 years old or older</b>
<b>H. Does this person currently have a job? (Circle one)</b>			
	1. has a job 2. in school/not yet in school 3. has no job (including homemaker)	1. has a job 2. in school/not yet in school 3. has no job (including homemaker)	1. has a job 2. in school/not yet in school 3. has no job (including homemaker)
<b>I. Is this person currently married? (Circle one for each)</b>			
	1 Currently has a spouse 2 Divorced 3 Widowed 4 Never married	1 Currently has a spouse 2 Divorced 3 Widowed 4 Never married	1 Currently has a spouse 2 Divorced 3 Widowed 4 Never married
<b>J. Does this person have children? If so, indicate their ages. (Circle as many as they apply)</b>			
	1. no children 2. children between 0 and 5 3. children between 6 and 17 4. children 18 or older	1. no children 2. children between 0 and 5 3. children between 6 and 17 4. children 18 or older	1. no children 2. children between 0 and 5 3. children between 6 and 17 4. children 18 or older
<b>K. How often did you speak in depth with this person during the past year (including phone conversation)? (Circle one for each)</b>			
	1. almost everyday (5-7 times a week) 2. 3-4 times a week 3. 1-2 times a week 4. 1-2 times a month 5. several times a year 6. none at all	1. almost everyday (5-7 times a week) 2. 3-4 times a week 3. 1-2 times a week 4. 1-2 times a month 5. several times a year 6. none at all	1. almost everyday (5-7 times a week) 2. 3-4 times a week 3. 1-2 times a week 4. 1-2 times a month 5. several times a year 6. none at all
<b>L. During the past year, did you <u>receive</u> any <u>financial support</u> (remittance, allowance, gift money) from this person? (Circle one for each)</b>			
	1. Yes (¥300,000 a year or more) 2. Yes (less than ¥300,000 a year) 3. No	1. Yes (¥300,000 a year or more) 2. Yes (less than ¥300,000 a year) 3. No	1. Yes (¥300,000 a year or more) 2. Yes (less than ¥300,000 a year) 3. No
<b>M. During the past year, did you <u>ask</u> this person for <u>advice</u>? (Circle one for each)</b>			
	1. Yes 2. No	1. Yes 2. No	1. Yes 2. No
<b>N. During the past year, did you <u>receive</u> any <u>help</u> from this person in <u>nursing and/or housework</u>? (Circle one for each)</b>			
	1. Yes 2. No	1. Yes 2. No	1. Yes 2. No
<b>O. During the past year, did you <u>give</u> any <u>financial support</u> (remittance, allowance, gift money) to this person? (Circle one for each)</b>			
	1. Yes (¥300,000 a year or more) 2. Yes (less than ¥300,000 a year) 3. No	1. Yes (¥300,000 a year or more) 2. Yes (less than ¥300,000 a year) 3. No	1. Yes (¥300,000 a year or more) 2. Yes (less than ¥300,000 a year) 3. No
<b>P. During the past year, did you <u>give</u> this person any <u>advice</u>? (Circle one for each)</b>			
	1. Yes 2. No	1. Yes 2. No	1. Yes 2. No
<b>Q. During the past year, did you <u>give</u> any <u>help</u> to this person in <u>nursing and/or housework</u>? (Circle one for each)</b>			
	1. Yes 2. No	1. Yes 2. No	1. Yes 2. No

**\*\* We would like to ask you about your parents. (If you have parent(s) other than your biological parent(s), such as adoptive parent(s) or stepparent(s), please think of the person with whom you had been involved for the longest time as a child.)**

**[The following questions are for all respondents.]**

**Q21. Roughly how has the health status of this person been over the past year? If you are married, please answer about the parents of your spouse. (Circle one for each)**

Your father's health status	Your mother's health status	Your spouse's father's health status	Your spouse's mother's health status
1 Very good	1 Very good	1 Very good	1 Very good
2 Somewhat good	2 Somewhat good	2 Somewhat good	2 Somewhat good
3 Neither good nor poor	3 Neither good nor poor	3 Neither good nor poor	3 Neither good nor poor
4 Somewhat poor	4 Somewhat poor	4 Somewhat poor	4 Somewhat poor
5 Very poor	5 Very poor	5 Very poor	5 Very poor
6 Deceased	6 Deceased	6 Deceased	6 Deceased

**\*\* We would like to ask you about the people you currently live with.**

**Q22. How many people do you currently live with including yourself? Please exclude those who are temporarily keeping separate residence. (Enter the number)**

Including you, \_\_\_\_\_ people (Write "01" if you are living alone)

**Q23. From the following, list everyone whom you currently live with, including yourself. (Circle as many as they apply)**

- |   |                                  |
|---|----------------------------------|
| 1. Yourself   | 11. Your spouse's siblings       |
| 2. Your husband or wife (including common-law spouse) | 12. Your child's husband or wife |
| 3. Your children                                      | 13. Your grandchildren           |
| 4. Your father  | 14. Other (Specify _____)        |
| 5. Your mother  |                                  |
| 6. Your father-in-law                                 |                                  |
| 7. Your mother-in-law                                 |                                  |
| 8. Your grandparents                                  |                                  |
| 9. Your spouse's grandparents                         |                                  |
| 10. Your siblings                                     |                                  |

**Q24. When you need help or a person to talk to about the following problems (A) through (C), which persons or agencies do you depend on? Please circle responses that apply for each problem. (You may circle as many as they apply for each)**

	Your spouse	Your parents	Your siblings	Your children	Your spouse's parents	Your spouse's siblings	Your child's spouse	Other relatives	Your friends or coworkers	Your neighbors (in the community)	Specialists and/or service agencies (e.g. governments, financial institutions, school personnel, helpers, etc.)	Nobody
<b>A. When you get depressed or confused with problems</b>	1	2	3	4	5	6	7	8	9	10	11	12



<b>B. When you need a quick loan (of about ¥300,000)</b>	1	2	3	4	5	6	7	8	9	10	11	12
<b>C. When you or your family needs emergency assistance for sickness or accident</b>	1	2	3	4	5	6	7	8	9	10	11	12

**Q25. Which of the following income categories is closest to your income, your spouse's income, your household income before taxes during the past year? Please include temporary income, supplemental income, and pension. (Circle one for each)**

Your income	Your spouse's income	Household income
1 Did not earn income	1 Did not earn income	1 Did not earn income
2 Less than ¥1,000,000	2 Less than ¥1,000,000	2 Less than ¥1,000,000
3 ¥1,000,000 - ¥1,299,999	3 ¥1,000,000 - ¥1,299,999	3 ¥1,000,000 - ¥1,299,999
4 ¥1,300,000 - ¥1,999,999	4 ¥1,300,000 - ¥1,999,999	4 ¥1,300,000 - ¥1,999,999
5 ¥2,000,000 - ¥2,999,999	5 ¥2,000,000 - ¥2,999,999	5 ¥2,000,000 - ¥2,999,999
6 ¥3,000,000 - ¥3,999,999	6 ¥3,000,000 - ¥3,999,999	6 ¥3,000,000 - ¥3,999,999
7 ¥4,000,000 - ¥4,999,999	7 ¥4,000,000 - ¥4,999,999	7 ¥4,000,000 - ¥4,999,999
8 ¥5,000,000 - ¥5,999,999	8 ¥5,000,000 - ¥5,999,999	8 ¥5,000,000 - ¥5,999,999
9 ¥6,000,000 - ¥6,999,999	9 ¥6,000,000 - ¥6,999,999	9 ¥6,000,000 - ¥6,999,999
10 ¥7,000,000 - ¥7,999,999	10 ¥7,000,000 - ¥7,999,999	10 ¥7,000,000 - ¥7,999,999
11 ¥8,000,000 - ¥8,999,999	11 ¥8,000,000 - ¥8,999,999	11 ¥8,000,000 - ¥8,999,999
12 ¥9,000,000 - ¥9,999,999	12 ¥9,000,000 - ¥9,999,999	12 ¥9,000,000 - ¥9,999,999
13 ¥10,000,000 - ¥10,999,999	13 ¥10,000,000 - ¥10,999,999	13 ¥10,000,000 - ¥10,999,999
14 ¥11,000,000 - ¥11,999,999	14 ¥11,000,000 - ¥11,999,999	14 ¥11,000,000 - ¥11,999,999
15 ¥12,000,000 - ¥12,999,999	15 ¥12,000,000 - ¥12,999,999	15 ¥12,000,000 - ¥12,999,999
16 ¥13,000,000 - ¥13,999,999	16 ¥13,000,000 - ¥13,999,999	16 ¥13,000,000 - ¥13,999,999
17 ¥14,000,000 - ¥14,999,999	17 ¥14,000,000 - ¥14,999,999	17 ¥14,000,000 - ¥14,999,999
18 ¥15,000,000 - ¥15,999,999	18 ¥15,000,000 - ¥15,999,999	18 ¥15,000,000 - ¥15,999,999
19 ¥16,000,000 or more	19 ¥16,000,000 or more	19 ¥16,000,000 or more
	20 no spouse	

**Q26. Finally, please enter today's date. (Enter the number)**

month

day
~ ~ ~

- All the questions have been answered. Thank you for your cooperation for a long time.
- Please place the above in the self-addressed, stamped envelope and mail it out.